

5 STEPS TO INTENTIONAL IMPACT

PRE-MEETING, CONVO, OR PROJECT

1 Outcomes

What you want to have happen

2 Impact

The emotional impact: how you want them to feel, how you want to feel

3 Show Up

How you'll have to show up to create your outcomes & impact

4 Believe

What you'll have to believe to show up that way

5 Action

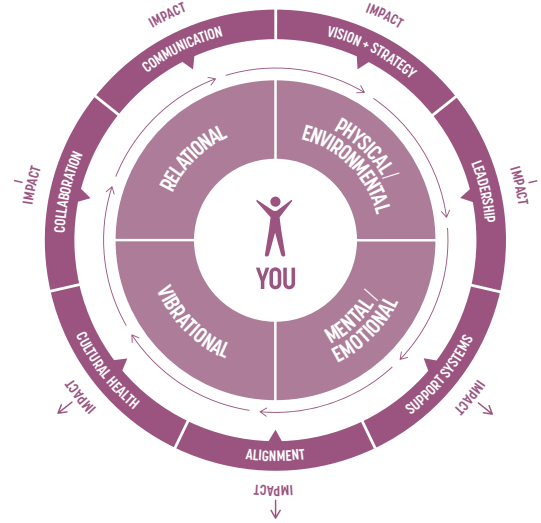
What you'll have to do before / during / after

TODAY'S DATE

PROJECT NAME OR CONVERSATION

IEP FOUNDATION

MARK 3 THINGS YOU'LL DO TO OPTIMIZE



REBOOT

MOMENT TO MOMENT

- 1 Notice
- 2 Envision / Intend
- 3 Take Care
- 4 Step In
- 5 Rinse & Repeat

TODAY'S TAKEAWAY

REFLECT & INTEND

I had impact

Tomorrow I intend

5 MAGIC QUESTIONS

EXPLORE YOUR IMPACT

Am I having the impact I want to have?

Do I feel the way I want to feel?

Do people follow me because they **want** to or **have** to?

What culture am I personally creating?

How am I aligning with my values today?

WATER

COLOR IN FOR EACH 8oz TODAY



GRATITUDE

WHAT OR WHOM CAN YOU BE GRATEFUL FOR TODAY?



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